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Session: 5th NUMAD

Health committee

Sponsors: China, New Zealand, Germany, Angola, Pakistan, Tunisia, Qatar, Brazil, USA

## GLOBAL HEALTH AND OBESITY AWARENESS

Health committee,

Recognizing obesity as a global health threat,

Noting with deep concern that the global issue is not being handled effectively,

Alarmed by the raise of obesity around the world these past decades,

Affirming that multinational corporations are contributing significantly to this controversial condition.

1. Encourages all the countries in this council to join forces against obesity;
2. Emphasizes that the best way to tackle this issue is through education by creating a nutrition subject at school;
3. Further recommends to introduce dietary help into public health in order to improve the lifestyles of populations already suffering from obesity;
4. Hopes to raise global awareness through advertising campaigns by: billboards, TV adverts and Social Media;
5. Further requests to introduce taxes on high-fat content foods, as well as high-sugar content foods in order to finance all of mentioned campaigns;
6. Encourages fast-food chains to reduce their usage of fat in their products or to use healthy fats like fish oil, nut butter, olive oil, avocado fat, etc, in order to maintain the human health;
7. Recommends to increase the number and effectiveness of the public service announcements to inform people about obesity and nourishment;
8. Asks for a mandatory training from UN countries for future parents about child nourishment and child health;
9. Promotes physical activity through: In first place, campaigns that show the benefits of sport; secondly, events that would take place regularly (once a year) and be opened to anyone (such as: sport activities in groups, competitions and more physical activity at school);
10. Encourages the development of healthy fast food chains through advertising campaigns, by considering them superior to other fast food chains with extra financial state aid;
11. Regulates the meals provided in public organizations such as schools through rules created by each government in order to improve their nutritional content.