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Subject: Obesity
Author: Hungary

In the past years, our planet has accomplished an enormous evolution in all sectors and in every possible aspect. Now, this might look like something positive, and it actually is mostly. But there is a major problem that has increased with this evolution: obesity. The number of people suffering from this disease has doubled in the last 30 years, and this shall be fixed as soon as possible.

Hungary is a country that has observed this rising problem in our population; nowadays one in five Hungarians suffer from overweight. Judging by the fact that obesity kills more people than hunger each year, we consider this a major problem and therefore we will put an end to it by implementing new measures we consider appropriate in this situation.

We will then begin preventing the growth of this issue, starting with the younger ones: from now on students from 10 to 18 years old, each and every one of them will be passing obesity tests at school. We consider that one way to put an end to this problem is by starting from the roots. They will be then doing the national fitness test so we can size their body fat percentage, we will then proceed to divide into three different categories, which are healthy, need of training and need of specific training. It is essential to keep the young ones as healthy as possible and making sure they keep up with physical exercise constantly so as they grow this will not be a tether for their daily life.

Even though we are making sure kids are healthy and do not suffer from any anomaly related to this kind of problems, our main issue are adults. They are the ones suffering from obesity at a bigger scale, as said before close to 20% of our adult population suffers from overweight. But don't worry; they will not be left behind. As a part of our strategy to reduce obesity to lower levels, a "hamburger tax" will be implemented. Even though hamburgers are not going to have their price increased, salted and sweet snacks, soft drinks with high levels of sugar and similar will. With this new tax we want to change the eating habits of a great part of our population who are now having health problems, all related to excess of this kind of aliments. It will finally help financing our food hygiene campaign, which we consider will help considerably.

This being said, we want to encourage our population to change their lifestyle to a better one that will help them staying away from other health problems that are related to consuming too much of things that are just not good for them.